Comp Bil-O-Wood Camping & Canoe Trip Gear

Essential For All Campers:

- o Sleeping Bag-rated to 30 degrees F; synthetic or down; easy to stuff
- Rain Jacket—hooded with zip front; more advanced canoe trippers should have rain pants
- Hiking boots/Trail Shoes—more advanced canoe trippers should have boot with ankle coverage
- Cooking equipment small non-stick fry pan, plastic spatula, knife/fork/spoon set, hot mitt, aluminum dinner plate, plastic scrub pads
- Drinking cup or sealable water bottle
- Pocket knife—for campers over 10 years of age
- Life Jacket
- o Hat with brim
- Water shoe or closed toed sandal

Essential Equipment for Advanced Canoeists

- Two-four person tent with fly and ground cloth
- Internal frame backpack with hip, shoulder and torso straps
- \circ 40' 3/8" lining rope

Recommended Canoe Trip Items

- \circ Sunglasses
- o Quick dry t-shirt
- \circ Fleece or wool top
- Quick dry long-sleeve top
- Quick-dry shorts/belt loops
- Quick-dry pants or leggings
- 2 pair smart wool or wool socks
- Wool hat

Hygiene & Personal items

- o Toothbrush and toothpaste
- Comb or hairbrush
- Biodegradable soap
- Sunscreen, SPF 30+
- Insect repellant
- o Extra shoe laces

Miscellaneous & Optional items

- Fishing gear-closed face reel
- Waterproof watch
- o Disposable camera
- Compression stuff sacks
- Sewing needle/heavy thread
- o Small, microfiber towel
- o Headlamp or Flashlight/extra batteries
- One gallon –Ziploc bags
- 15 gal garbage bags
- Nylon Stuff sack
- Can opener + knife sharpener
- Sheath knife (not under 10 yrs.)
- Waterproof "river" bags
- Notebook and pen
- o Reading material
- Canoe paddle
- Wooden cook spoons
- \circ Spice kits
- Water filtering device
- Compact cook stove

Recommended Camping Gear Vendors

- o REI
- o Eastern Mountain Sports
- o CampMor.com
- o Amazon.com